

PLEASE JOIN US FOR A VIRTUAL INFORMATIONAL SESSION ON

THE INVITATION TO CHANGE APPROACH (ITC)

IN SUPPORT OF FAMILIES WITH A LOVED ONE FACING SUBSTANCE USE CHALLENGES

ABOUT INVITATION TO CHANGE:

- ITC is a holistic framework based on science and kindness, designed for families and the professionals who support them.
- The framework includes training, materials and support to equip family members and/or professionals to sponsor a 12-week family peer support group
- Concepts and strategies included in ITC are also found in three evidence-based approaches—Community Reinforcement Approach and Family Training (CRAFT), Motivational Interviewing (MI) and Acceptance and Commitment Therapy (ACT).

This event is jointly sponsored by the Great Lakes ATTC (HHS Region 5), South Southwest ATTC (HHS Region 6), Mountain Plains ATTC (HHS Region 9), Northwest ATTC (HHS region 10), and the ATTC Network Coordinating Office.

THURSDAY, FEB 29TH

1-2:30 PM (PACIFIC)

2-3:30 PM (MOUNTAIN)

3-4:30 PM (CENTRAL)

4-5:30 PM (EASTERN)

REGISTER TODAY!



UPCOMING OPPORTUNITY FOR ITC COMMUNITY SUPPORT GROUPS

Each sponsoring regional ATTC will offer 4-6 individual communities and organizations in their region an opportunity to apply to receive ITC Facilitation training and support to host ITC Recovery Support Groups in 2024-25. For those communities interested in applying to participate and host a family support group, additional details about the sponsorship application process will be shared at the information session.